TIPS TO DRINK MORE WATER

Choose a glass of water rather than having a sugary drink

Always carry water with you

Keep a reusable water bottle with you and make sure to refill it regularly

Take a bottle of clean, safe water to school

Try setting reminders using your cellphone or notes at your desk to drink water regularly

Make it a habit to drink water with meals

Increase daily water intake when the weather is hot

Drink one to two glasses of water 30 minutes before exercising and sip extra water for the next few hours afterwards

Workbooks available in this series:
- Grade R (in all official Languages)
- Literacy/Home Language Grades 1 to 6 (in all 11 official Languages)
- Mathematics Grades 1 to 3 (in all 11 official Languages)
- Mathematics Grades 4 to 9 (in Afrikaans and English)
- Life Skills Grades 1 to 3 (in all 11 official Languages) and Grades 1 to 6 English First Additional Language
These workbooks have been developed for the children of South Africa under the leadership of the Minister of Basic Education, Mrs Angie Motshekga, and the Deputy Minister of Basic Education, Mr Enver Suryt.

The Rainbow Workbooks form part of the Department of Basic Education’s range of interventions aimed at improving the performance of South African learners in the first six grades. As one of the priorities of the Government’s Plan of Action, this project has been made possible by the generous funding of the National Treasury. This has enabled the Department to make these workbooks, in all the official languages, available at no cost.

We hope that teachers will find these workbooks useful in their everyday teaching and in ensuring that their learners cover the curriculum. We have taken care to guide the teacher through each of the activities by the inclusion of icons that indicate what it is that the learner should do.

We sincerely hope that children will enjoy working through the book as they grow and learn, and that you, the teacher, will share their pleasure.

We wish you and your learners every success in using these workbooks.
ENGLISH
First Additional Language
Book 2
Terms 3 and 4

This book belongs to:
Theme 9: Friends

1. A new girl at school
   - Listen & Speak: Talk about the picture.
   - Reading: Paste the word cards to match the sentence.
   - Writing: Trace the letter a. Match the words with pictures.

2. Sisi and Sam
   - Listen & Speak: Ask "what is this?"
   - Sounds: Read the words (the s sound).
   - Reading: Paste the word cards to match the sentence.
   - Writing: Trace and find.

3. Sam is sick
   - Listen & Speak: Look at the pictures. Tell your friend the story.
   - Ask "What is this?"
   - Reading: Paste the word cards to match the sentence.
   - Writing: Trace and copy a sentence.

4. Sam has an apple
   - Reading: Paste the word cards to match the sentence.
   - Sounds: Read the words (the a sound).
   - Track the letter a to the nest.

6. Greeting friends
   - Listen & Speak: Hello, how old are you? Paste animal stickers to show small and big.
   - Sounds: Clap the names of the animals.
   - Reading: Trace the letters (a and s).
   - Writing: Trace and then copy the sentence.

7. Friends go shopping
   - Listen & speak: Talk about the picture.
   - Sounds: Paste the word cards to match the sentence.
   - Writing: Trace the letter t. Trace and then copy the sentence.

8. The pink pig
   - Reading: Paste the word cards to match the sentence.
   - Sounds: Read the words (the p sound).
   - Identify the pictures that have the p sound.
   - Writing: Match the words with pictures.

9. We learn to swim
   - Read: Talk about the picture.
   - Writing: Copy a sentence.

10. The i-sound
    - Reading: Paste the word cards to match the sentence.
    - Sounds: Read the words (the i sound).
    - Identify pictures with the i sound.
    - Writing: Fill in the letter i to complete words.
    - Listen & Speak: What is this? What colour is this? I like ...

11. Sam is sick
    - Listen & Speak: Look at the pictures. Tell your friend the story.
    - Ask "What is this?"
    - Reading: Paste the word cards to match the sentence.
    - Writing: Trace and copy a sentence.

12. Big and small
    - Listen & speak: Identify big and small.
    - Reading: Paste the word cards to match the sentence.
    - Writing: Write captions for pictures. Trace the words and then draw pictures to match.

13. Day and Night
    - Listen & Speak: Discuss the picture. Identify night and day activities. Singular and plural.

14. It’s cold
    - Listen & Speak: Talk about the picture. Trace and copy the sentence.
    - Writing: The letter n.

15. The m-sound
    - Reading: Paste the stickers to match the sentence.
    - Sounds: Read the words (the m sound).
    - Fill in the letter m so that the words match the pictures.
    - Writing: Trace and trace activity.

16. Weather
    - Listen & speak: Talk about weather pictures.
    - Writing: Copy the names of the weather symbols.

Theme 10: It is good to exercise

17. We play
    - Listen & Speak: Talk about the picture.
    - Writing: The letter n.

18. Night walks
    - Listen & Speak: Talk about the picture.
    - Sing: Twinkle twinkle little star.
    - Sounds: Read the words (the n sound).
    - Writing: Trace the words with pictures.

19. The b-sound
    - Reading: Paste the word cards to match the sentence.
    - Sounds: Read the words (the b sound).
    - Match the words with pictures.
    - Writing: Write captions for pictures.

20. It’s rainy
    - Listen & Speak: Talk about the picture story.
    - Writing: Practise the letter m. Trace the sentence and then copy it.

Term 3: weeks 6–10

8. Friends at the farm
   - Listen & Speak: Talk about the picture.
   - Writing: Paste the picture cards in the correct spaces.
   - The letter p.
   - Trace and then copy the sentence.

9. The pink pig
   - Reading: Paste the word cards to match the sentence.
   - Sounds: Read the words (the p sound).
   - Identify the pictures that have the p sound.
   - Writing: Match the words with pictures.

10. Colours and Numbers
    - Writing: Circle the correct colours and numbers.
    - Listen & speak: Say the names of the days of the week. Count the numbers on the calendar.

Above: Theme 9: Friends
Below: Theme 10: It is good to exercise

2014-08-27 08:43:19 AM
Theme 11: Animals

21 A goat eats my garden
Writing: The letter g. Copy the sentence.
Listen & Speak: Saying no.

The g-sound
Sounds: The g sound. Writing: The letter g. Trace and copy a sentence.

22 Sea animals
Listen & Speak: Talk about the picture. Name the sea animals.
Writing: The letter o. Trace and copy a sentence.

The o-sound
Reading: Paste the word cards to match the sentence. Sounds: The o sound. Writing: Match words with pictures. Draw a happy and angry face.

23 Five little elephants balancing
Listen & Speak: Talk about the picture. Sing a song. Count to five.
Writing: The letter e. Trace and copy a sentence.

The e-sound
Reading: Paste in the word cards to match the sentence. Sounds: The e sound. Writing: Complete the words. Match words with pictures. Identify pictures that have the e sound.

24 Fetch my cat
Listen & Speak: Look at the pictures and tell the story. Answer questions about the story.
Writing: The letter f. Trace and copy the sentence.

The f-sound
Reading: Identify the pictures that have the f sound. Sounds: Read the words (the f sound). Writing: Match words and pictures. Trace and find.

Theme 12: About town

31 Shopping
Listen & Speak: Talk about the picture. Talk about shopping.
Writing: The letter u. Trace the sentence and then copy it.

The u- and r-sounds

We go to town
Listen & Speak: Talk about the picture. Trace and copy a sentence. The letters u and r.

The library

32 The k- and d-sounds
Sounds: The k and d sounds. Writing: The letter u. Identify the first letters (k and d). Match words and pictures.

33 The months of the year
Listen & Speak: Talk about the calendar. Writing: The letter j.

The j- and l-sounds
Writing: Answer questions about the calendar. The letters j and l. Matching words and pictures. Paste in the word cards to match the sentence.

34 Christmas time
Listen & Speak: Sing a song Talk about the picture. The letters x, y and z. Trace and copy the sentence.

The c- and w-sounds
Reading: Identify the pictures that have the c sound. Writing: Match words and pictures. The letters c and w.

Term 4: weeks 1–5

25 Who helps us
Listen & Speak: Talk about the picture. Say what work they do.
Writing: The letter h. Trace and copy the sentence.

The h-sound
Reading: Paste the word cards to match sentence. Sounds: Read the words (the h sound). Writing: Complete the words. Match words with pictures. Identify pictures that have the h sound.

26 Opposites
Listen & Speak: Look at the opposites in the pictures.
Writing: The letter e. Trace and copy a sentence.

Term 4: weeks 6–10

27 The t-sound
Reading: Paste in the word cards to match the sentence. Sounds: Read the words (the t sound). Writing: Match words and pictures. Trace and find.

28 Opposites
Writing: The letter f. Trace and copy the sentence.

Fetch my cat
Listen & Speak: Look at the pictures and tell the story. Answer questions about the story.
Writing: The letter f. Trace and copy the sentence.

The f-sound
Reading: Paste in the word cards to match the sentence. Sounds: Read the words (the f sound). Writing: Match words and pictures. Trace and find.

Opposites
Listening & Speaking: Look at the opposites in the pictures.

The t-sound
Reading: Paste in the word cards to match the sentence. Sounds: Read the words (the t sound). Writing: Match words and pictures. Trace and find.
A new girl at school

Teacher reads:

Sisi is a new girl at school. Sisi sits with Sam.

Let's talk:

Look at the picture and talk about what you see.

How do you think Sisi feels on her first day at a new school? How did you feel when you started school?

I am Sisi.

I am Sam.

dress

stand

desk

dustbin
Sit down children.

Let’s do
Paste the stickers in the correct spaces. Say the name of each picture.

Say
Sisi sits with Sam. I sit with ________.

Let’s write
Trace the sentence and then practise writing the sentence in the next box.

Sisi sits.

Practise writing these letters.

S s S s S s S s S s sock
I sing.
I eat.
I sleep.
I sit.

Point to these pictures and ask your friend what they are.

Say:

What is this?

Say the words and listen to the S-sound.

Sit socks sun
Whose are these? Say: These are Sam's socks.

Sam
sits
sat
sad
sit
sun

Sisi sits. Sam sits.

Plurals

cats
socks
sandals
sweets

Word work
Read the words and listen to the sounds.

Let's match
Cut out the word cards at the back of the book and match them to form this sentence.

Sisi sits. Sam sits.
Sam is sick.
Sam has spots.
Sam is at the doctor.
Let's do
Paste the stickers in the correct spaces. Say the name of each picture.

Let's write
Practise writing these letters.

Sam is sick.

Practise in pairs
Point to these pictures and ask your friend what they are.
Say:

What is this?

Let's write
Trace the sentence and then practise writing the sentence in the next box.

Sam is sick.
Trace the letters with your finger and then with a crayon. Start at the first dot.

Find and circle the letter a in the box.

Let's write

Fun

Follow the a's to the nest.
Word work
Read the words and listen to the sounds.

an  ant  Ann
as  Sam  apple

Let's match
Cut out the word cards at the back of the book and match them to form this sentence.

Sam  is  sick.

Let's write
Fill in the letter a in the spaces so that the words match the pictures.

apple   axe   ant

ambulance   cat
Hello, what is your name?

My name is ______.

Say:
Hello, how old are you?
I am _____ years old.
See you tomorrow.
Good bye.

Do these words start with an S or with an A?
Say the word and then trace the correct letter.
Let’s do
Paste the animal stickers and say which animals are small and which are big. Clap their names.

small

big

mouse
elephant

butterfly

hippopotamus

chick

giraffe

Say:
The mouse is small. The elephant is big.
Friends go shopping

Let’s talk

Look at the picture and talk about what you see.

Have you ever had clothes that did not fit?
How do the girls feel?

Teacher reads

Sisi needs new clothes.
This is too big.
Let's do
Paste the stickers in the correct spaces. Say the name of each picture.

Let's write
Trace the sentence and then practise writing the sentence in the next box.

This is too big.

Let's write
Practise writing these letters.
Let’s talk

Say which of these are big and which are small. Then circle the correct word.

Let’s write

Say what each of these pictures is. Now write the letter that the words in each row start with.
Word work
Read the words and listen to the sounds.

top  tip  tap

tub  tin  ten

Let's match
Cut out the word cards at the back of the book and match them to form this sentence.

This is too big.

Let's write
Trace the words. Draw a picture of something big and something small.

big

small
too big  too small
Let’s talk: Look at the picture and talk about what you see.

Teacher reads: We have fun in the sun at the farm.

Let’s do: Colour these flowers.

- grandmother
- pumpkin
- drinking
- ducks
- Nomsa
- milking
- bees
- beehive
The pigs are pink.

Let’s write

Trace the sentence and then practise writing the sentence in the next box.
The pink pig

Fill in the letter p in the spaces so that the words match the pictures.

plug  pan  pig

Let’s do Clap these words.

butterfly  tomato

hippopotamus

parrot  penguin  pencil
Read the words and listen to the p-sounds.

<table>
<thead>
<tr>
<th>pig</th>
<th>pot</th>
<th>pat</th>
</tr>
</thead>
<tbody>
<tr>
<td>pit</td>
<td>pond</td>
<td>pan</td>
</tr>
</tbody>
</table>

Cut out the word cards at the back of the book and match them to form this sentence.

The pig is pink.

Tick the pictures that have the p-sound in them. Say the words and listen to the sounds.

- Pot
- Pit
- Pond
- Pan

- Pig
- Pen
cil

- Pit
- Pond
- Pan

- Pig
- Pen
cil

- Pig
- Pen
cil

- Pig
- Pen
cil

- Pig
- Pen
cil

- Pig
- Pen
cil

- Pig
- Pen
cil

- Pig
- Pen
cil
Look at the pictures. Say what they are. Circle the correct number and colour in each row. Then say the name of the number and the colour.

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
<th>Colour</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 blue jerseys</td>
<td>2</td>
<td></td>
<td>1</td>
</tr>
<tr>
<td>3 green dresses</td>
<td>3</td>
<td></td>
<td>2</td>
</tr>
<tr>
<td>4 yellow flowers</td>
<td>4</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>5 pink bows</td>
<td>5</td>
<td></td>
<td>4</td>
</tr>
<tr>
<td>1 red dress</td>
<td>1</td>
<td></td>
<td>5</td>
</tr>
</tbody>
</table>
Say the names of the days of the week. Count the numbers on the calendar.

**September**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
</tr>
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<td>26</td>
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<td>29</td>
<td>30</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Let’s write

I go to school on:

I stay at home on:
Let’s talk

Look at the picture and talk about what you see.

ball

splash

tube

water wings

flippers

We learn to swim
Let’s write

Practise writing these letters.

I i I i I i

Let’s do

Paste the stickers in the correct spaces.
Say the name of each picture.

Trace the sentence and then practise writing the sentence in the next box.

I swim in the pool.

Lilo

Flippers

Goggles

Tube

Sunblock

Hat

Orange

Bubbles

Bubbles

Ink
The i-sound

Fill in the letter i in the spaces so that the words match the pictures. Listen to the i-sound.

Let’s write

I like netball.
I like soccer.
I like swimming.
I like rugby.
I like tennis.

Walk and talk

Ask your friend what sports he/she likes. Say:

What sports do you like?
Read the words and listen to the sounds.

<table>
<thead>
<tr>
<th>in</th>
<th>ink</th>
<th>sit</th>
</tr>
</thead>
<tbody>
<tr>
<td>is</td>
<td>it</td>
<td>tin</td>
</tr>
</tbody>
</table>

Cut out the word cards at the back of the book and match them to form this sentence.

I swim in the pool.

Tick the pictures that have the i-sound in them.

What is this? It is a _______.
What colour is it? It is _____.

Point to the pictures and ask your friend:
Let's talk
Point to the picture and show your friend:

who is running.  who is winning.  who is singing.  who is dancing.

Say:

He is ...  She is ...  They are ...

Teacher reads
We swim and run.
Ann is a nurse.
Let's do
Paste the stickers in the correct spaces. Say the name of each picture.

Practise writing these letters.
N n

Let's write

Let's write

Trace the sentence and then practise writing the sentence in the next box.

Ann is a nurse.

soccer

soccer boots

tennis

refreshments

injured

nest
Let's talk

Look at the pictures and talk about what you see.

Let's do

Paste the stickers in the correct spaces. Say the name of each picture.

Let's sing

Twinke twinkle little star

Twinkle, twinkle, little star,
How I wonder what you are.
Up above the world so high,
Like a diamond in the sky.
Twinkle, twinkle, little star,
How I wonder what you are!

Listen and repeat

What is this?
What are these?

This is the moon.
These are bats.

This is a torch.
These are stars.

This is an owl.
These are trees.

Night walk

Term 3 – Week 6-10
Read the words and listen to the sounds.

<table>
<thead>
<tr>
<th>no</th>
<th>new</th>
<th>name</th>
</tr>
</thead>
<tbody>
<tr>
<td>not</td>
<td>nest</td>
<td>net</td>
</tr>
</tbody>
</table>

Cut out the word cards at the back of the book and match them to form this sentence.

Ann is a nurse.

Fill in the letter \( n \) in the spaces so that the words match the pictures.

nest  net  nut

pin  pan  neck
Can you remember?

Day and night

Tell your friend what you see in each picture.

ball  balls  cat  cats  dog  dogs

hat  hats  goat  goats  flower  flowers

Draw a picture of yourself and fill in your details.

My name is

My surname (family name) is

My age  I am in Grade

I like

I don’t like
Look at the picture and say what these children are doing. Say whether we do this in the day or night time.
Now colour in the sun if you do it in the day and the moon if you do this at night.

Let's read

sleeping

watching TV

waiting for a bus

reading

eating

brushing his teeth

doing homework

playing soccer

brushing her hair

Let's talk

Then say what time you do these things. Say:

I do it in the ...

morning

afternoon

night
Let’s talk
Look at the picture and talk about what you see.

Let’s write
Trace the sentence and then practise writing the sentence in the next box.

Bob is at the bin.

Bob

sausages

smoke

boy

bin

boots
Let's do
Paste the stickers in the correct spaces. Say the name of each picture.

Let's write
Practise writing these letters.

Bob is at the bin.
Ken is buying a mealie.
The b-sound

Fill in the letter b in the spaces to make a word that matches the picture. Draw a line from the word to the correct picture.

Let's write

__bus
__oots
__oy
__ag
__anana
__all

Let's write

Fill in the letters b to complete these words so they match the pictures.

_bed_  _bird_  _bread_
Let's write

Say what these pictures are. Listen to the b-sound.

Fill in the correct words below the picture.

Use these words.

butterfly
balloons
bed
book
bike
butterfly
bananas

Bob is at the bin.

Cut out the word cards at the back of the book and match them to form this sentence.

Let's match

Read the words and listen to the sounds.

bat  bit  bet
Bob  bad  bed

Say what these pictures are. Listen to the b-sound. Fill in the correct words below the picture.

FAL Gr1 BL2 2015.indb   35
2014-08-27   08:47:42 AM
Tell your friend what happened to the girls in the story.

What happened first?
What happened next?
Then what happened in picture 3 and 4?

It’s rainy

Let’s talk

1. We miss the bus.
2. Stop please! Wait for us.
3. Teacher reads
4. Teacher reads
Let's write these letters.

We miss the bus.

Trace the sentence and then practise writing the sentence in the next box.

We miss the bus.

Paste the stickers in the correct spaces. Say the name of each picture.

Let's do these letters.

Paste the stickers in the correct spaces. Say the name of each picture.

Stop please!

Wait for us.

FAL S1 E2 2015.indb   37
2014-08-27   08:47:54 AM
Fill in the letter **m** in the spaces so that the words match the pictures. Draw a line from the word to the correct picture.

- **mealie**
- **oon**
- **an**
- **outh**
- **ouse**
- **ountain**
- **onkey**
- **ilk**
Word work  Read the words and listen to the sounds.

men  mat  mad
mop  mix  met

monkey

Let's match  Cut out the word cards at the back of the book and match them to form this sentence.

The moon and the stars.

Show the spaceship the way to the moon. Follow the m-trail.
Can you remember?

Say the names of the week. What’s the weather like this week? Paste a sticker in the correct space to show what the weather is like each day this week. Then, in the space below the picture, write a word to describe the weather. Use the words on the right.

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
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</table>

Draw a line to match the sentence with the picture. Point to the pictures and tell your friend what you do on each day of the week.

- I wash my clothes on Monday.
- I iron my clothes on Tuesday.
- I sweep the floor on Wednesday.
- I wash the pots on Thursday.
- I dust the house on Friday.
- I bake a cake on Saturday.
- I go to church on Sunday.
Look at these pictures. Tell your friend what weather you see. Then say what each weather symbol means. Draw a line to match the picture to the weather symbol.

Let's do

Paste the stickers in the correct spaces.

- **hot**
- **rain**
- **clouds**
- **snow**
- **wind**
Let's talk
Look at the pictures and tell your friend the story.

Say:
- Stop it!
- Go away!
- No!
- Don't do that!

Listen and say
Let’s write
Practise writing these letters.

G g

Let’s do
Paste the stickers in the correct spaces. Say the name of each picture and say what each word starts with.

practise writing
glass
green beans
gate
goat
spinach
cabbage
tomato
peas
snail
grass

Let’s write
Trace the sentence and then practise writing the sentence in the next box.

A goat eats my garden.
The g-sound

Let’s write Fill in the letter g in the spaces so that the words match the pictures. Draw a line from the word to the correct picture.

- glass
- rapes
- ate
- lift
- oal
- lue
- oat

Let’s write Trace the pattern and then repeat the pattern below.
Read the words and listen to the sounds.

got  go  mug
get  gum  jug

got  go  mug
get  gum  jug

Cut out the word cards at the back of the book and match them to form this sentence.

A goat eats my garden.

Let's match

A  goat  eats  my  garden.

Trace the words. Draw a picture for each word.

Let's write

gate  gift  goat
Let's talk. Look at the picture and talk about what you see.

Sea animals:
- seagull
- shark
- octopus
- penguins
- sailboat
- shells
- tube
- fish
Let’s do
Paste the stickers in the correct spaces. Say the name of each picture.

Let’s write
Trace the sentence and then practise writing the sentence in the next box.

The octopus is in the sea.

Practise writing these letters.

O o
The o-sound

Let’s write
Fill in the letter O in the spaces so that the words match the pictures.

dog  top  clock

Let’s do
Draw

a happy face.
a sad face.
an angry face.
a scared face.
Fill in the letter o in the spaces so that the words match the pictures.

Read the words and listen to the sounds.

**hot**  **top**  **of**

**not**  **dog**  **on**

Let’s match
Cut out the word cards at the back of the book and match them to form this sentence.

**It was hot on Monday.**

Let’s write
Draw a line from the word to the correct picture.

- It was hot on Monday.
- Fill in the letter o in the spaces so that the words match the pictures.
- Draw a line from the word to the correct picture.

- **f**
- **b**
- **d**
- **t**
- **p**
Five little elephants balancing

One blue elephant balancing
Step by step on a piece of string.
Thought it was such a wonderful stunt
That he called for another elephant.

Two blue elephants balancing
Step by step on a piece of string.
Thought it was such a wonderful stunt
That they called for another elephant.

Three blue elephants balancing
Step by step on a piece of string.
Thought it was such a wonderful stunt
That they called for another elephant.

Four blue elephants balancing
Step by step on a piece of string.
Thought it was such a wonderful stunt
That they called for another elephant.

Five blue elephants balancing
Step by step on a piece of string.
All of a sudden the piece of string broke
And down came all the elephant folk.

Look at the picture and talk about what you see.
Count the elephants in each row.

The elephant is big.

Teacher reads

Let's talk
Let's do
Paste the stickers in the correct spaces. Count the elephants in each of the pictures.

Let's write
Practise writing these letters.

The elephant is big.

Let's write
Trace the sentence and then practise writing the sentence in the next box.
Look at the pictures and say what work they do.

Let’s talk

How do they help us?

Have you ever been helped by a nurse or a fireman?

Let’s write

Trace the sentence and then practise writing the sentence in the next box.

They help us.

Teacher reads

They help us.

Police

Sailor

Builder

Cook

Fireman
Let’s do
Paste the stickers in the correct spaces. Say the name of each picture.

Let’s write
Practise writing these letters.

Let’s do
Paste the stickers in the correct spaces. Say the name of each picture.

Listen and repeat
Read the sentences. Draw a line to match the sentence with the correct picture.

This is a fireman.
This is a policeman.
This is a cook.
This is a nurse.
Let’s do

Talk about which animals can swim or fly.
Paste their stickers in the correct spaces.

swim

fly

Let’s write
Tick the pictures that have the *h*-sound in them.

The *h*-sound
Read the words and listen to the sounds.

hat  hail  hard
hot  hole  hatch

Cut out the word cards at the back of the book and match them to form this sentence.

They help us.

Let’s match

Fill in the letter h in the spaces so that the words match the pictures.

honey  eart  ose
ammer  and  orse
Fetch my cat

Let’s talk
Look at the pictures and tell your friend the story.

1. cat

2. tree

3. branch
   ladder

4. The fireman fetches my cat.

Teacher reads
Let's write these letters.

Practise writing these letters.

Fetch my cat.

Trace the sentence and then practise writing the sentence in the next box.

Tick the sentences that are correct.

- The cat is in the tree. ✓
- The dog is in the tree. ✓
- The ladder is long. ✓
- The boy is crying. ✓

Paste the stickers in the correct spaces. Say the name of each picture.
The f-sound

Let’s write

Say who these people are. Then draw a line to show what each person uses. How do these people help us?
Read the words and listen to the sounds.

<table>
<thead>
<tr>
<th>fun</th>
<th>fin</th>
<th>frog</th>
</tr>
</thead>
<tbody>
<tr>
<td>fat</td>
<td>fan</td>
<td>fit</td>
</tr>
</tbody>
</table>

Cut out the word cards at the back of the book and match them to form this sentence.

Please fetch my cat.

Let's match

Fill in the letter f in the spaces so that the words match the picture.

_fingers   ___ire   ____all

___ence   ____at   ____lag
Can you remember?

Opposites

Look at the picture and talk about what you see.
Can you think of more opposites?

day  night  young  old

slow  fast  short  tall

small  big  heavy  light
Let’s do

Paste the stickers in the correct spaces. Say the name of each picture.

- hot
- cold

- front
- back

- long
- short

- soft
- hard

- wet
- dry

- asleep
- awake
We run to the bus.
We go to town.
What will we buy today?

Let's talk
Tell your friend what you buy at these shops.

- clothing shop
- butchery
- greengrocer
- supermarket
- pet shop

Teacher reads
Let's write

Trace the sentence and then practise writing the sentence in the next box.

We run to the bus.
The u- and r-sounds

Let's write

Sort the items in the shopping basket. Write the names in the correct column.

Fruit Vegetables Dairy

apple

cabbage tomato mealies milk

grapes carrots yoghurt cheese

Fill in the letter r in the spaces so that the words match the pictures.

red rat run
Read the words and listen to the sounds.

Word work

up  cup  cut
run  rat  robot

Let's match
Cut out the word cards at the back of the book and match them to form this sentence.

We run to the bus.

Let's write
Fill in the letters U to complete these words so they match the pictures.

bus  sun  umbrella
Where do we go if we are sick?
Where do we get food?
Where do we go for books?
Where do we go for sports?
Where do we go for transport?

Let's talk
Look at the picture and talk about what you see.

hospital
supermarket
butchery
florist
bakery
sports field
pharmacy
museum
bank
petrol station
bus stop
Let's write. Trace the sentence and then practise writing the sentence in the next box.

I am on the bus.

Let's write. Practise writing these letters.

U u

R r

Up

Rabbit

Library

Clinic

Bus

Clothing shop

Station
Let's talk
Look at the picture and talk about what you see.

Let's write
Trace the sentence and then practise writing the sentence in the next box.

The kids read books.

We go to the library. Our teacher reads to us.

Teacher reads

calendar

board

September

The library
Let’s write
Tick (√) the sentences that are correct.

It is September. ✓
There are 6 boys. ✓
Teacher is a man. ✓
Teacher reads. ✓
Teacher sits on a chair. ✓
There are many books. ✓
Ken has a book. ✓
Teacher has blue shoes. ✓
The k-and d-sounds

Let's match
Cut out the word cards at the back of the book and match them to form this sentence.

The kids read books.

Let's write
Fill in the letter k or d in the spaces so that the words match the pictures.

kite  kettle  kangaroo

dog  drum  duck
Word work: Read the words and listen to the sounds.

- kite
- kick
- kiss
- dog
- drum
- did

Let's write: What do these words start with? Fill in the k-sound or the d-sound?

Complete the pattern.
The j- and l-sounds

Look at the calendar on the back cover to help you answer these questions.

In which month is your birthday?

In which month is Christmas?

In which month is Easter?

Which months are cold?

Which months are hot?

Let’s write Fill in the letter l in the spaces so that the words match the picture.

ladder  letter  leaf
Read the words and listen to the sounds.

<table>
<thead>
<tr>
<th>log</th>
<th>lip</th>
<th>lump</th>
<th>job</th>
<th>jog</th>
<th>jump</th>
</tr>
</thead>
<tbody>
<tr>
<td>lot</td>
<td>let</td>
<td>lap</td>
<td>jet</td>
<td>joy</td>
<td>joke</td>
</tr>
</tbody>
</table>

Let's write

Fill in the letter j in the spaces so that the words match the picture.

- jam
- juice
- jersey
- jacket
- jug

Let's write

To

From

Happy Christmas

Practise writing these letters.

Cut out these cards and use it for Christmas cards.

To

From
Let’s sing
Dashing through the snow
In a one horse open sleigh
O’er the fields we go
Laughing all the way
Bells on bob tails ring
Making spirits bright
What fun it is to laugh and sing
A sleighing song tonight,
Oh, jingle bells, jingle bells
Jingle all the way
Oh, what fun it is to ride
In a one horse open sleigh
Jingle bells, jingle bells
Jingle all the way
Oh, what fun it is to ride
In a one horse open sleigh

Let’s talk
Look at the picture and tell your friend what month it is. Tell your friend what they are doing.

refreshments

angel

christmas tree

Happy Christmas

Let’s talk
It is Christmas.
We are happy.
Yes we are all happy.

Let's write the sentence and then practise writing the sentence in the next box.
The c- and w-sound

Let’s write
Tick the pictures that have the C-sound in them.

Practise writing these letters.

C c

W w

Fill in the letter W in the spaces so that the words match the picture.

wall  hale  allet

atch  heel  eat

They help us.
Sisi sits. Sam sits.
Sam is sick.
This is too big.
The pig is pink.
I swim in the pool.
Ann is a nurse.
Bob is at the bin.
The moon and the stars.
A goat eats my garden.
It was hot on Monday.
They help us.
Please fetch my cat.
The kids read books.

Let's match
Cut out these word cards and paste them into the correct spaces to form sentences. Use the numbers to show you which page the sentences should match with.